

Gold Coast Stock Sport Club

- HOME OF THE AUSTRIAN AUSTRALIAN CLUB -

Phone 5534 7099 or 0414 774 436 – mailto: gcstocksportclub@gmail.com –

www.austrianclubgoldcoast.com - www.stocksportclubgoldcoast.com

By Sylvia Amerstorfer, Secretary

Hi dear members and guests!



Today I would like to talk about a topic that is very close to my **heart**, in the truest sense of the word.

You might remember, that through the generous funding of \$2,675.00 from the Gold Coast City Council's Divisional Donation Program (**Division 13, Councillor Daphne McDonald**) we were able to buy a **defibrillator** for our club.

Two weeks ago a great number of our choir members, committee members and Stock Sport Players took part at an AED training session. Thank you all for spending your time to learn, how to save a life - hopefully we never will have to! (*See poster with the instruction in this newsletter*). You never know, when you face a situation where you need this information and knowledge.

Additional please click at this link and watch:

https://cardiacscience.com.au/uploads/images/Brochures/CARDIAC%20SCIENCE_G5_640x360.mp4

Thank you from the bottom of my heart!

What's on this Sunday:

Come to our

AUTUMN WONDERLAND LUNCHEON -

Dance to the music of the popular

A2Z Band

and have a great day out at our club!



BOOKINGS ARE ESSENTIAL
Ph 5534 7099 or 0414 774 436 after 6pm
www.stocksportclubgoldcoast.com
Or email booking to gcstocksportclub@gmail.com
GOLD COAST STOCK SPORT CLUB, HOME OF THE AUSTRIAN AUSTRALIAN CLUB GOLD COAST, INC.

AUTUMN WONDERLAND

Sun 18th March
with
A2Z Band

Bring your friends
and family and enjoy
a great day out at the
Clubhouse

*Bar opens @11am
Meals from 12pm*

Last chance to purchase tickets for the Laterndl Trio

FREE ENTRY
3 PINES LANE, ELANORA
Call 0414774436 for info or special meal requirements

Members	\$ 13
Guests	\$ 15



That's what we will serve
for lunch at our

AUTUMN WONDERLAND Luncheon

on the **18/03/2018**

**Bar opens at 11am!
Meals from 12 noon!**



1. As always our fantastic Schnitzel (chicken) and Salads

or

2. Szegediner Goulash and Pasta

or

3. There is also the choice of a Vegetarian meal or gluten free



You will have to order the **vegetarian meal or gluten free meal** with your booking (before Saturday).



**Afterwards have coffee or tea
and our
homemade delicious
cakes and tortes.**

(coffee/tea \$2.50 – cake/torte \$3.50)



List of contents for this Newsletter:

- Be quick and **buy your ticket now:**
The “**Laterndl Trio**” from **Salzburg** is coming on the **25th** of March to perform at our club! **Don't miss out – last chance!**
- Training session for our new **AED – Automatic External Defibrillator**
- A look back at our “**Herbstfest Luncheon**” on the **04/03/2018**

Enjoy!

Gold Coast Stock Sport Club Inc.
Proudly presents the
Laternndl Trio

The Famous Volksmusik Trio direct from Salzburg



**DON'T
MISS OUT!**

Sunday 25th March 2018 1pm

For bookings call 55347099
or 0414774436 after 6pm

MEMBERS \$20

GUESTS \$25

3 PINES LANE, ELANORA

Coming soon!

A wonderful concert of traditional Austrian music with the famous

Laternndl Trio, direct from Salzburg/AUSTRIA!

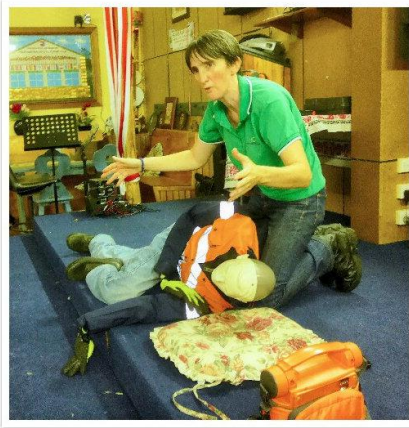
Bar opens at 11am, food available from 12noon,

Concert starts at 1pm!

Come early to reserve your preferred seat.

Reserved seating is possible, if tickets are bought for the whole group together.

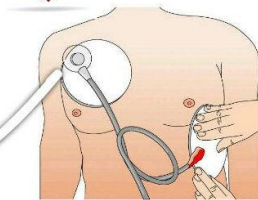
Don't miss out! - Buy your tickets now – last chance!



Louise and Jack at our Clubhouse on the 27/02/2018



AED TRAINING



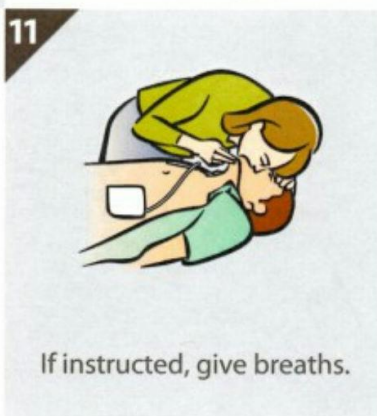
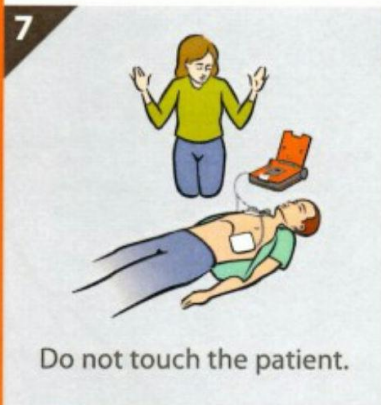
- CHECK FOR DANGER
 - To self – bystanders –
 - to casualty – remove hazards
- CHECK FOR RESPONSE
 - Can you hear me?
 - Open your eyes
 - What's your name?
 - Squeeze my hands
- SEND FOR HELP – CALL OOO
 - Ask bystander to assist if necessary
- OPEN AIRWAY
 - 1.Check and clear mouth - 2.Tilt head and lift chin
- BREATHING NORMALLY?
 - Yes, place in recovery position - No, commence CPR
- COMMENCE CPR
 - If normal breathing returns, place the casualty on their side and maintain clear airway

- ATTACH DEFIBRILLATOR (AED) AS SOON AS AVAILABLE – FOLLOW AED PROMPTS
- Continue CPR until signs of life or help arrives



Thank you Louise for a very comprehensive demonstration of how to use our new AED - and Jack survived!

PERFORMING A RESCUE



**Defibrillator
Heart Restarter**

Anyone can use it
No training necessary

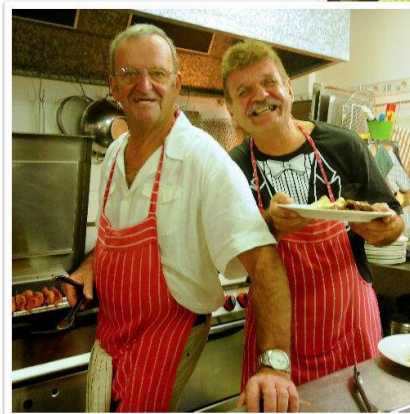
For an unconscious person
NOT breathing normally

Call 999 Start CPR Switch on defibrillator Follow its instructions

AED Automatic External Defibrillators like the one we purchased are small computerised devices that analyse your heart rhythms to provide a shock automatically. They only activate when necessary, eliminating the risk of a user error. They can be used anywhere by anyone to administer a life-saving shock with audio and visual prompts to guide first responders through the necessary steps.



**VOLUNTEERS
NEEDED!**



Want to give
our wonderful
volunteers
a hand?
That would
be great!



Let us know!



Please acknowledge their support for our club with a big smile or a "thank you" for giving their time, skills and enthusiasm!



Do you have a sweet tooth?

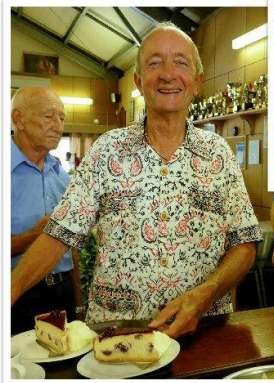
You are at the right place!



I  **Cake**



All homemade and delicious!



it's all about the **CAKE**

What!!!!
No cake!!!

Relax! I told you there is plenty left!



DONT PANIC JUST JOKING

coffee/tea
\$2.50

cake/torte
\$3.50



ENJOY!



BOOKINGS ARE ESSENTIAL
 Ph 5534 7099 or 0414 774 436 after 6pm
 www.stocksportclubgoldcoast.com
 Or email booking to gcstocksportclub@gmail.com

Sun 4th MAR
Einladung
 Herbst-fest

With
Schneider Musikanten

Bring your friends and family
 and enjoy a great day out
 @ the Clubhouse.

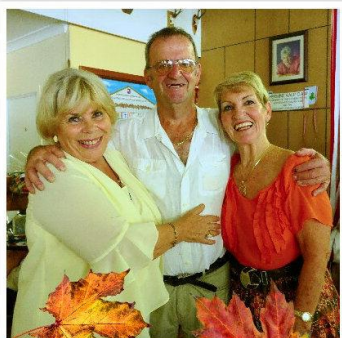
Great food,
 drinks and
 wonderful
 Raffles too

Open @ 11am
 Meals from 12pm

FREE ENTRY
 3 PINES LANE, ELANORA
 Call 0414774436 for info or special meal requirements



Autumn



Some of our happy members and visitors!

04/03/2018



Dorry and Nev
-
SCHNEIDER
MUSIKANTEN

BOOKINGS ARE ESSENTIAL
Ph 5534 7099 or 0414 774 436 after 6pm
www.stockportcityguides.com
Or email booking to gcstockportclub@gmail.com

Sun 4th MAR
Einladung
Herbstfest
Schneider Musikanten
Bring your friends and family
and enjoy a great day out
@ the Clubhouse.

Great food,
drinks and
wonderful
Rat files too

For opens @10am
Wheels from 12pm

FREE ENTRY
3 PINES LANE, ELANORA
Call 04147 74436 for info or special meal requirements



Music is life.
That's why
our hearts
have beats.



Forget your
troubles
and
dance



Everything is better with music!



Roberta and Erika!
Ready for the draw of the winners!



**GOOD
LUCK**



Have fun!

Buy a raffle ticket!!

Have more fun!!!



Congratulations!

2 tickets for \$1.00
11 tickets for \$5.00

Before I say goodbye, mark Sunday,
the 25th of March 2018 in your calendar for our

Concert with the **Laterndl Trio!**

Bar opens at 11am, meals from 12noon,

Concert starts at 1pm

**You will have to buy your ticket now,
if you haven't bought one already!**

See you this Sunday,
dressed in your Dirndl and Lederhosen please
Your *Sylvia Amerstorfer*

Secretary of the Gold Coast Stock Sport Club Inc.

- Home of the Austrian Australian Club Inc.

Gold Coast Stock Sport Club Inc.
Proudly presents the
Laterndl Trio
The Famous Volksmusik Trio direct from Salzburg



≡ **≡** **≡** **Sunday 25th March 2018 1pm**
For bookings call 55347099
or 0414774436 after 6pm

MEMBERS \$20
GUESTS \$25
3 PINES LANE, ELANORA

DON'T MISS OUT!

Please don't forget to book:

- Phone 5534 7099 and leave your name and the date of the event
- or phone our president Roberta on 0414 774 436 (after 6pm)
- or email us gcstocksportclub@gmail.com
- or just reply to this newsletter – easy!!!

Have a look at our website:

www.stocksportclubgoldcoast.com or

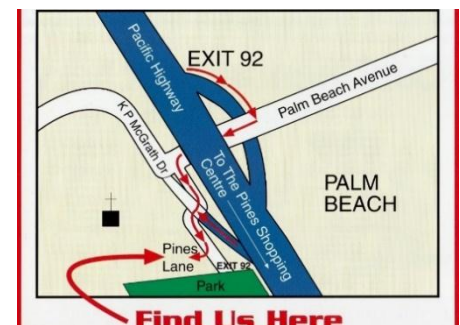
www.austrianclubgoldcoast.com

visit us on Facebook <https://www.facebook.com/Gold-Coast-Stock-Sport-Club-295777913894754/>

or just google Gold Coast Stock Sport Club facebook

Want to download a former newsletter? – here is how
to do it:

Go to <http://hswd.net/aaa/> - click on “clubs” – click on
“Austrian Club Gold Coast QLD” and finally click on “Newsletter
#” ..” (12-60)



If you liked this Newsletter – share it with your friends and keep forwarding it –
If you don't want to receive it anymore – please let me know and
I will remove your address from our mailing list. No problem at all!