

Gold Coast Stock Sport Club

- HOME OF THE AUSTRIAN AUSTRALIAN CLUB -

Phone 5534 7099 or 0414 774 436 – mailto: gcstocksportclub@gmail.com –
www.austrianclubgoldcoast.com - www.stocksportclubgoldcoast.com

By Sylvia Amerstorfer, Secretary

Hi dear members and guests!

HA
HA
HA
HO
HO
HEE
HEE
HEE

BOOKINGS ARE ESSENTIAL
Ph 5534 7099 or 0414 774 436 after 6pm
www.stocksportclubgoldcoast.com
Or email booking to gcstocksportclub@gmail.com

APRIL FOOLED
Sunday Luncheon
2nd April
With the **A2Z BAND**
@ the Clubhouse
3 Pines Lane, Elanora
Free entry.
Great food and drinks
Raffles and more.

fool'
noun
1. a silly person.

APRIL FOOLS' DAY

HE
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They say laughter is the best medicine,
and we've got just the prescription
for you! Are you ready?

Are you ready for the
April Fooled Sunday Luncheon?

Some of our boys have already been practicing
making a fool of themselves!

This day is all about **FUN** – so let's have some, and some more!
And as you know, music and dancing makes you happy!

The **A2Z Band** will make sure, that you have plenty of opportunities for
Happiness!

See you there with lots of
LAUGHTER!



Members	\$ 13
Guests	\$ 15



That's what we will serve
for lunch on the

02nd of April 2017



**Bar opens at 11am!
Meals from 12 noon!**



Our usual Schnitzel & salads will be the **star feature** on the day as our only meal choice due to **the AGM before**. Of course special dietary meals will be available by pre-ordering!

1. As always our fantastic Schnitzel and Salads

OR

**2. There is also the choice of a vegetarian meal,
or gluten free**

You will have to order the vegetarian meal or gluten free meal with your booking (before Saturday), because we will prepare this especially for you.



**Afterwards have coffee or tea
and our homemade delicious
cakes and tortes.**

(coffee/tea \$2.50 – cake/torte \$3.50)



List of contents for this Newsletter:

- **AGM – please attend - April fool's day** and the benefits of laughter
- **BOWLZILLA Gold Coast 2017** on the 18.03.2017
- A look back at our **Harmony Day Luncheon** on the 19.03.2017
- **Part 2** of our **Anniversary Ball** on the 11.03.2017

Enjoy!

We will have our AGM Meeting on this Sunday as well
at 10.00am sharp at our clubhouse.



Dear Members!
**PLEASE attend and show your interest in
our/your club!!!**

**We need to get a quorum – a minimum number of members attending.
All standing committee members will be re-elected, and because all
positions are filled we will not take nominations from the floor on the day.
We had a fantastic team last year so it's great to have them all back!**



April Fools' Day is celebrated every year on April 1 by playing practical jokes and spreading hoaxes. The jokes and their victims are called **April fools**.

A simple way to have a happier, healthier life is to
laugh more.

Here are some of the many benefits of laughing more:

- Laughter causes you to gulp in large portions of air, thereby **oxygenating your blood**.
- Laughter **decreases stress hormones** in the body such as cortisol and adrenaline, thus helping to keep away illness.
- Laughter **strengthens the immune system**.
- When we laugh our bodies **release hormones and chemicals that have positive effects on our system**.
- One minute of laughing **burns** the same number of **calories** as 6 to 10 minutes on a treadmill.
- Laughing **raises your mood**;
- Laughing is **good for the heart and improves blood circulation**.
- Laughter can **reduce pain and aid the healing process**.
- Laughter **creates and strengthens human connections**.
- **It feels good to laugh.**

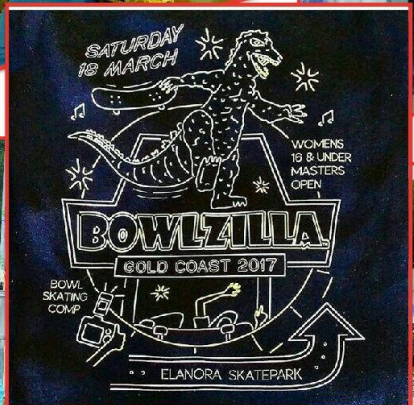




The organizers of Bowlzilla hired our clubhouse for catering!



Beach Burrito Coolangatta



Councillor Daphne McDonald and Jim, City of Gold Coast



BOWLZILLA Gold Coast 2017 has been on for the second year - the largest skate gathering by skaters for skaters in Australia.



Nothing can hold our members and visitors back! Rain or shine It doesn't matter!



BOOKINGS ARE ESSENTIAL
 Ph 6534 7099 or 0414 774 436 after 6pm
 www.stockportclubgoldcoast.com
 Or email bookings to groupcoordinator@stcgc.com

HARMONY DAY

Sunday 19th March
 With the
Schneider Musikanten
 @ the Clubhouse, 3 Pines Lane, Elanora
 Bar open @ 11am,
 Meals from 12 pm.

Bring your friends and family and enjoy the harmony, with great food, delicious drinks and fantastic cakes with raffles galore.

EVERYONE BELONGS
 www.harmony.gov.au



Thank God, the hardest downpour happened while everybody was safe and dry inside, enjoying the company of each other!

19.03.2017 - a great afternoon!



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HARMONY DAY

Sunday 19th March

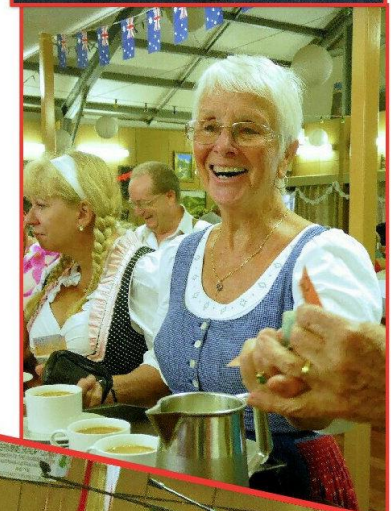
With the
Schneider Musikanten

@ the Clubhouse, 3 Pines Lane, Eianora

Bar open @ 11am,
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with great food, delicious drinks and fantastic cakes
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www.harmony.gov.au



Fesche Buam und fesche Madln!



"Mmh, Goulash or Schnitzel, that is the question" One thing is for sure, cake afterwards!

This way!

I can't wait to dig in!



Should I have chosen that one? It looks pretty good as well!



With all that good food, you need a beer or a bottle of wine to wash it down! Michael and Irene make sure, that they are not running out of drinks!



Volunteers!



Some of our wonderful volunteers!



They dedicate their time and their skills to make you, our visitors, feel welcome and happy!

It would be great if they would get some help and relief from time to time. If you think you can spare a couple of hours for the club to help

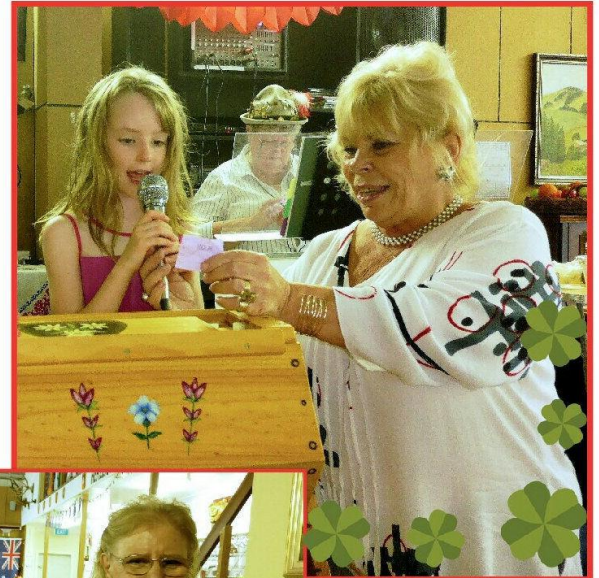
- in the kitchen •the bar
- on the computer •the reception
- decorating the hall for the functions •and, and, and ...



Thank you!

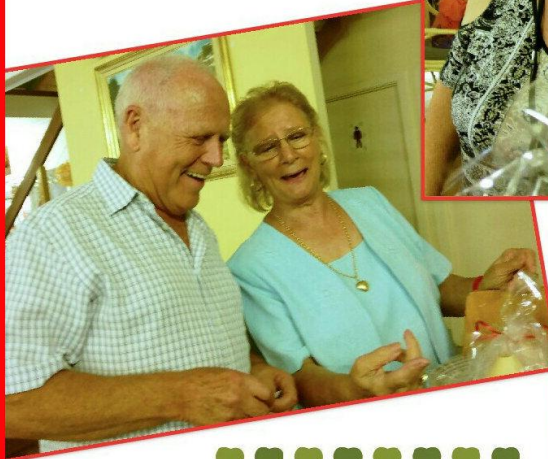


Give us a call, send us an email, talk to us at the functions We would love to hear from you!



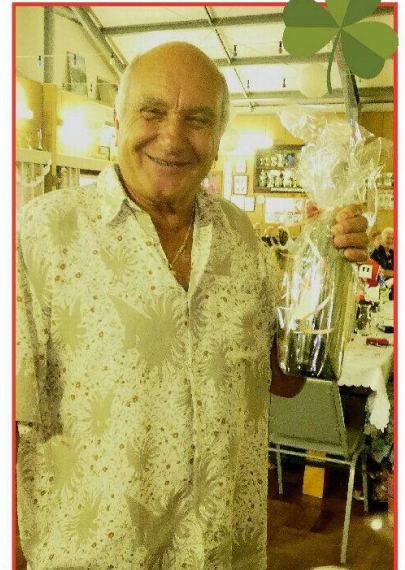
And the number is

This time little Sophia had the very important task of acting as our Lucky Fairy!



Give me five ...

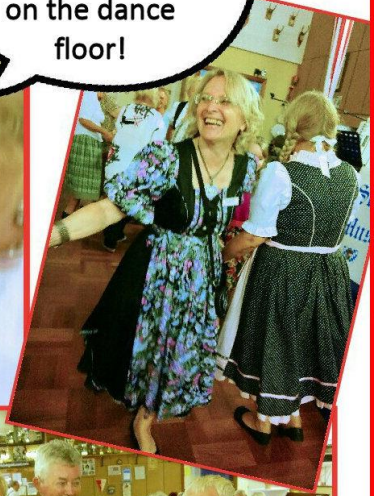
LUCKY



Our raffle, always a source of joy and fun! 2 tickets for \$1 or 11 tickets for \$5!



I looove the "Flieger Lied" – it gets everyone on the dance floor!



Sophia is having a BALL !!!



HAPPY BIRTHDAY 🎵

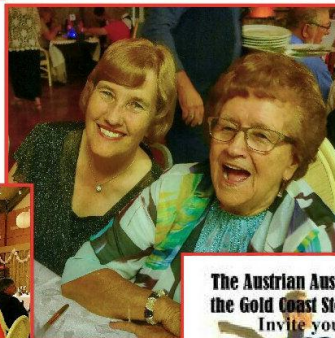
Sophia is singing "Happy Birthday" for Dagmar and everybody else who has a Birthday to celebrate in (believe it or not) CHINESE!!



What a talented girl!



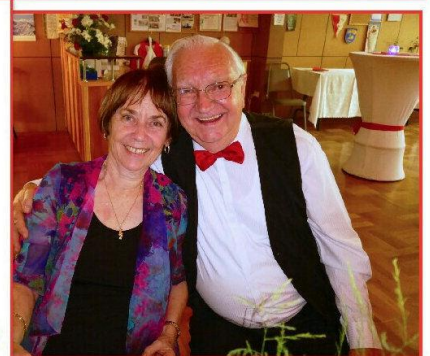
More photos from our 32nd Anniversary Ball on the 11.03.2017!



A very enjoyable evening!

The Austrian Australian Club & the Gold Coast Stock Sport Club
 Invite you to the
32nd Anniversary Dinner/Dance
Sat 11th March
 With the A2Z Band
 Special guest appearance by the Singkrets
 @ the clubhouse, 3 Pines Lane, Hlanora
 Members \$45 & Guests \$50
 Live dinner drinks @ 6.30pm
 Meal starts @ 7.30pm

TABLES 1000 DOLLARS PAY BY 22nd JAN GET \$5 OFF PER TICKET
BOOKINGS with Payments by 5th March
 Ph 5634 7099 or 0414 774 436 after 6pm
www.austclub.org.au
 Or email booking@goldcoaststocksportclub.org.au



Aren't they all good-looking!

Before I say goodbye, mark the
16.04.2017 in your calendar for our
Easter Sunday Luncheon!

Be entertained by our
Nez Brunton (alias Fritz)



See you this Sunday
in your Dirndl and Lederhosen
please, if possible!

Your
Sylvia Amerstorfer

Secretary of the Gold Coast Stock Sport Club Inc.

- Home of the Austrian Australian Club Inc.

Please don't forget to book:

- Phone and leave a message on 5534 7099
- or phone our president Roberta on 0414 774 436 (after 6pm)
- or email us gcstocksportclub@gmail.com
- or just reply to this newsletter – easy!!!

Have a look at our website:

www.stocksportclubgoldcoast.com or www.austrianclubgoldcoast.com

visit us on Facebook <https://www.facebook.com/Gold-Coast-Stock-Sport-Club-295777913894754/>

or just google Gold Coast Stock Sport Club facebook

Want to download a former newsletter? – here is how to do it:

Go to <http://hswd.net/aaa/> - click on “clubs” – click on “Austrian Club Gold Coast QLD” and finally click on “Newsletter #”..” (12-37)

If you liked this Newsletter – tell your friends and keep forwarding it – if you are sick of receiving them (I hope not) – please let me know and I will remove your address from our mailing list. No problem at all!

BOOKINGS ARE ESSENTIAL
Ph 5534 7099 or 0414 774 436 after 6pm
www.stocksportclubgoldcoast.com
Or email bookingto_gcstocksportclub@gmail.com

Happy Easter!



**Easter Sunday
LUNCHEON**
16th April
With
(FRITZ)
Alias Nev Brunton
@ the Clubhouse
3 Pines Lane, Elanora
Free entry.
Great food and drinks
Raffles and more.

*Go hunting for the
Easter Eggs
Send them. keep them.*

